## **HOW COMMON IS OBESITY?**



About 2 out of every 5 adults in the US have obesity, and many more have overweight

## About 30% of workers live with obesity\*







**36%**Public
Administration











Talk to your doctor about how you can take control of your health

1. https://www.niddk.nih.gov/health-information/weight-management/choosing-a-safe-successful-weight-loss-program (Accessed August 2, 2024); 2. https://www.globaldata.com/health-economics/US/Employers/Overweight-Obesity-Impact-on-Employers.pdf (Accessed August 2, 2024).



