



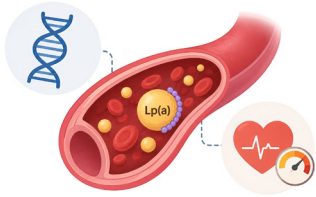
My health
on my terms

Heart Disease Risk Can Be Silent

Not everything that runs in the family is easy to see. High Lp(a) is one of them.



What Is Lp(a)?



Lipoprotein (a), or Lp(a), is a cholesterol-carrying particle in your blood.^{1,2}

Lp(a) is linked to your genes and can affect those who live a healthy lifestyle or are young.³⁻⁵

High Lp(a) can increase your risk of heart disease.⁶

Did you know? Lp(a) is pronounced L-P-little-A.

Why Does Lp(a) Matter?



About 1 in 5 people worldwide have high Lp(a) levels.¹



Most people don't know they have high Lp(a) because it usually has no signs and symptoms.⁷



Lp(a) is not included in standard cholesterol tests but can be added to your routine blood test.^{3,8,9}



Experts recommend adults check their Lp(a) at least once.¹⁰

When Should You Ask Your Doctor About Your Lp(a) Levels?

You may want to ask about an Lp(a) test if:

- You have high cholesterol^{4,8,9}
- You have high blood pressure and/or sugar^{8,9}
- Heard stories of heart disease in your family^{7,10,11}
- A family member had a heart attack or stroke at an early age^{7,10,11}
- You've had a heart attack or stroke^{7,10,11}

Adding an Lp(a) test to your blood work is simple, affordable, and can help you complete the picture of your and your family's heart health risk.⁴



Ask your doctor if ordering an Lp(a) test is right for you.

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