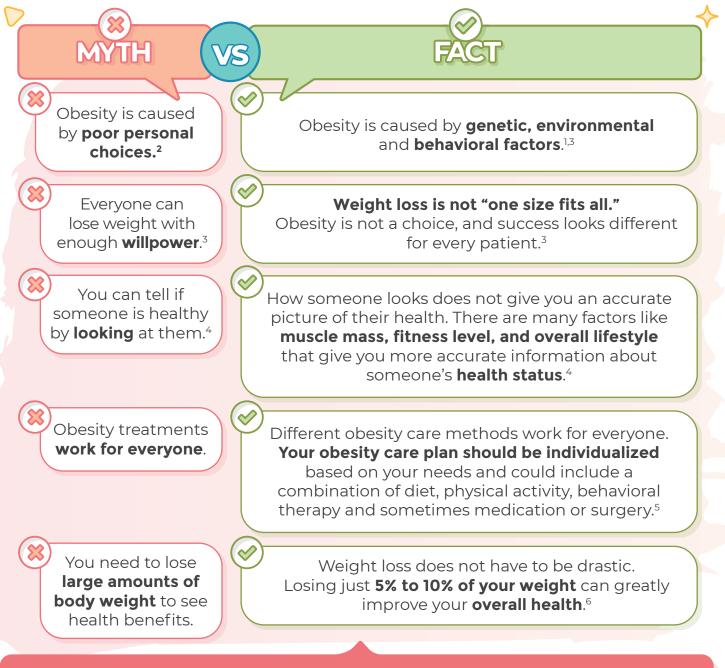
OBESITY 101: MYTH VS. FACT

Obesity is a long-term, but manageable, disease. Obesity happens when a high level of body fat affects your overall health. Many factors may contribute to obesity.¹



Talk to your doctor about how you can take control of your health

1. https://www.obesityaction.org/education-support/learn-about-obesity/causes/ (Accessed August 2, 2024); 2. https://www.obesityaction.org/education-support/learn-about-obesity/common-myths/ (Accessed August 2, 2024); 3. Chaput, JP. Can Fam Physician. 2014;60(11):973-984; 4. https://www.endocrinepractice.org/action/showPdf?pii=S1530-891X%2820%2939214-4 (Accessed August 2, 2024); 5. https://obesitymedicine.org/about/four-pillars/ (Accessed August 2, 2024); 6. Ryan DH, Yockey SR. *Curr Obes Resp.* 2017;6(2):187-194.





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